| PPE SELECTION | GUIDE |
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| Exposed Portion of Body | Hazard | Protective Item |
|-------------------------|--------------------------|------------------------------|
| Head | Impact, flying particles | Strong plastic hard hats |
| | Electric shock | Dielectric hard hats |
| | Contamination | Paper head covers |
| Eyes and Face | Flying particles/ | Safety glasses |
| | Molten metal | Safety glasses (prescription |
| | Harmful radiant energy | Face shields |
| | Splash | Hoods, shot-blasted helmets |
| | | Glasses & goggles |
| | | Chemical or metallic (filter |
| | | lens) |
| | | Splash-deflecting and/or |
| | | vapor-tight goggles |
| | | Face shields |
| Ear | Excessive noise levels | Ear plugs or inserts |
| | | Ear muffs or cups |